

Fracture-Related Infection Diagnostic Tools in the Upper Extremity: A Scoping Review

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Fracture-related infection (FRI) is a serious orthopaedic complication and its diagnosis, particularly in the upper extremity, is difficult and poorly defined in current literature. An international consensus definition of FRI was published in 2018, and our scoping review aims to investigate FRI diagnostic tools reported in the primary literature and their biostatistical utility.

A review of articles generated from the PubMed/NCBI search term “fracture-related infection” was undertaken using PRISMA methodology. The included studies were published from January 2018 to June 2022 and referred to FRI diagnosis in the upper extremity.

Of 224 returned studies, 32 articles were selected for further review after fellowship-trained senior author assessment. Of these, 16 had quantitative and reportable data regarding the diagnosis of upper extremity FRI. The most common diagnostic methods reported were CRP (8 studies), WBC (7), and ESR (5), consistent with 1 of the six suggestive criteria from the consensus definition. Meta-analysis was performed.

Primary literature regarding the diagnosis of upper extremity fracture-related infections is sparse and variable despite FRI's diagnostic and therapeutic complexity. Recent literature does not reflect the proposed criteria of the 2018 consensus definition; further primary research is needed to validate these criteria and their accuracy and utility
Level of Evidence: 3b

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INTRODUCTION

Despite advancements and modern innovations in orthopaedic trauma surgery, fracture-related infection (FRI) remains one of the most challenging and dreaded complications¹. FRI occurs when pathogenic bacteria contaminate a fracture site managed operatively or nonoperatively, diverting the body's bone healing response to an inflammatory and antibacterial response that delays and disrupts bone healing^{1,2}. The detriment of FRI can be severe, leading to unplanned surgeries, non-union, and even loss of limb, all detrimental to patient quality of life²⁻⁴. Recent literature shows that the average costs per patient doubles when FRI occurs, and treatment success ranges from only 70-90%^{3,4}. Furthermore, late infections in which periosteal new bone forms around the periphery of an infected area can create a walled off involucrum that requires repeated debridement and further long-term deficits for bone health and recovery⁵. Due to the complexity

of the extrinsic and intrinsic factors underlying the pathogenesis of FRI, it continues to be a catastrophic event for both patients and clinicians^{1,3,6}.

Diagnosis of FRI, particularly in the upper extremity, is difficult and poorly defined in current literature^{6,7}. This is a challenging issue for hand/upper extremity surgeons. To address the absence of a working definition of FRI both in clinical practice and published randomized control trials, an international convention was held in 2018, and a consensus definition was published by Metsemakers et al. This definition consisted of four confirmatory criteria (fistula/sinus/wound breakdown present, purulent drainage or pus during surgery, indistinguishable pathogens obtained from two separate deep tissue cultures, or histopathological confirmation of deep tissue microorganism), and suggestive criteria (clinical signs, radiological signs, new-onset joint effusion, elevated inflammatory markers, persistent/increasing/new wound drainage, or a pathogenic

organism from a single deep culture)². This stepwise approach to the diagnosis of FRI required validation with prospective studies and primary literature, which was a major goal of the experts on the panel following the closure of the convention.

Outside of this preliminary work, literature is sparse on prevention, diagnosis, and treatment compared to other topics, such as prosthetic joint infection (PJI)^{2,3}. The purpose of this scoping review was thus to investigate FRI diagnostic tools reported in the primary literature and their biostatistical utility since the consensus definition publication was published in 2018.

MATERIALS AND METHODS

Literature Search for Systematic Review

This systematic review follows the guidelines established by the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA). Using the PubMed database, we searched for diagnostic studies of Fracture Related Infection (FRI) of the upper extremity. We identified articles published from January 2018 – June 2022 using the “fracture-related infection” search term. We limited the search to studies published in the past four years to assess how the literature has adapted to the FRI consensus definition established by an international expert group in 2018. Articles from the initial search were included if the full text was available in English.

All studies were subsequently reviewed manually to determine if they met inclusion criteria.

Study Selection and Data Collection

Each study was first screened by title and abstract. Afterwards, full texts of selected articles were assessed for a final decision on study inclusion. We included studies relevant to the diagnosis of confirmed cases of FRI with no restriction on methodology or specific measurement. Furthermore, we included studies in which the independent variable was a specific diagnostic test, and the dependent variable was the accuracy of the tests’ ability to correctly identify an FRI based on the established consensus definition or a reference standard disclosed in the study. Articles about the epidemiology, etiology, treatment, and prevention of FRI were excluded. Review articles, case studies/series, and discussions were excluded. We also excluded articles in which FRI cases were discussed without the methodology used to determine diagnosis, as well as papers that solely evaluated FRI of the lower limb (Figure 1). The diagnostic methods and reported diagnostic accuracy of each method was extracted from each study. If available in each study, a short description of the FRI, the time from fracture/surgery to diagnosis, and the gold standard to which the test was compared was reported. Variables represented and reported in at least 3 of 32 studies were included in the meta-analysis, which included sensitivity, specificity, PPV, and NPV of CRP (8

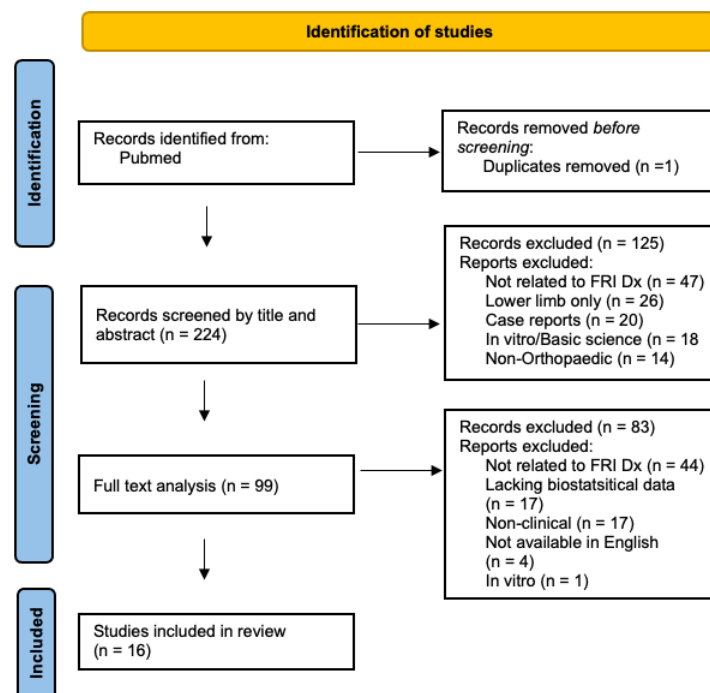


Fig. 1 — PRISMA Consort Diagram.

studies), WBC (7 studies), and ESR (5 studies).

Statistical Analysis

Meta-analysis was performed using weighted means due to differing numbers of samples per study, and data was presented as a weighted mean (95% confidence interval).

RESULTS

Of 224 returned studies, 32 articles were selected for further review after fellowship-trained senior author assessment. Of these, 16 had quantitative and reportable data regarding the diagnosis of upper extremity FRI (Table I). The most common diagnostic methods reported were CRP (8 studies), WBC (7), and ESR (5), consistent with 1 of the six suggestive criteria from the consensus definition. Meta-analysis was performed (Table III). Only one study reported on confirmatory criteria of pathogen culture (Table II). There were 21 diagnostic methods reported outside of the consensus definition diagnostic criteria (Table IV). No studies exclusively examined upper extremity patients. Of the consensus defined statistics analyzed through a meta-analysis, CRP was found to be the most sensitive when evaluating for FRI (.5839),

WBC most specific (.9271), and ESR demonstrated the highest PPV and NPV (.7830/.6740). The most utilized criteria outside the consensus definition were WBC scintigraphy and circulating IL-6 levels. Of these, WBC scintigraphy showed a greater propensity for specificity ranging from .836 to .97, though IL-6 levels also had similar specificity data (.834-.846). Neither of these commonly tracked markers had consistent sensitivity data. The total platelet count to mean platelet volume ratio had a sensitivity of 100% in one study that utilized this ratio as a potential diagnostic tool.

DISCUSSION

Our investigation into the diagnostic utility of various testing parameters for FRI of the upper extremity showed sparse data in the literature on the utility of diagnostic tests. Most importantly, very few papers exist on this topic isolated to the upper extremity (Table I). Overall, the studies included did not utilize the 2018 consensus criteria for diagnosing FRI, making it extremely difficult to decide whether this criterion is accurate or effective in diagnosing FRI in the upper extremities and guiding patient care decisions. In addition, the low number of patients

Table I. — Summary of Included Articles.

Paper	Author (Year)	Country	Journal	Type	Upper/Lower Extremity	Patient Numbers	FRI Numbers
1	Bellova et al. (2021)	England	J Orthop Surg Res.	Clinical	Both	230	107
3	Bosch et al. (2021)	USA	Diagnostics	Clinical	Both	153	10
4	Bosch et al. (2018)	Germany	J Bone Jt Infect.	Clinical	Both	365	168
5	Brinker et al. (2021)	USA	J Orthop Trauma.	Clinical	Both	211	40
6	Cichos et al. (2022)	USA	Clin Orthop Relat Res.	Clinical	Both	310	93
10	Declercq et al. (2021)	Germany	Arch Orthop Trauma Surg.	Clinical	Both	530	502
11	Farooq et al. (2022)	USA	J Orthop Trauma.	Clinical	Both	13	13
13	Govaert et al. (2018)	USA	Injury	Clinical	Both	192	192
17	Lemans et al. (2019)	Germany	Eur J Nucl Med Mol Imaging.	Clinical	Both	135	135
19	Morgenstern et al. (2018)	England	Bone Joint. J	Clinical	Both	156	64
20	Onsea et al. (2022)	USA	Injury	Clinical	Both	637	480
25	Sigmund et al. (2020)	England	Bone Joint J.	Clinical	Both	106	46
28	Wang et al. (2021)	England	J Orthop Surg Res.	Clinical	Both	48,186	744
29	Wang et al. (2019)	New Zealand	Infect Drug Resist	Clinical	Both	66	32
31	Zhang et al. (2021)	Germany	Arch Orthop Trauma Surg	Meta-Analysis	Both	610	610
32	Zhao et al. (2022)	Switzerland	Front. Microbiol.	Clinical	Both	50	20

Table II. — Reported Biostatistics for Consensus Definition Criteria CRP, WBC, ESR, Culture.

Paper	Author (Year)	Sensitivity	Specificity	Positive Predictive Value	Negative Predictive Value	Positive Likelihood Ratio	Negative Likelihood Ratio	Diagnostic Accuracy	Area Under ROC Curve	Area Under Curve	Odds Ratio
C-Reactive Protein (CRP)											
4	Bosch et al. (2018)	0.38	0.34	0.42	0.78			0.52	0.64		
5	Brinker et al. (2021)	0.35	0.78	0.27	0.84	1.57	0.84				1.87
11	Farooq et al. (2022)	0.462	0.923							0.692	
20	Onsea et al. (2022)	0.784	0.526							0.66	
25	Sigmund et al. (2020)	0.674	0.612	0.604	0.682	1.739	0.532	0.641		0.532	
28	Wang et al. (2021)	0.471	0.917	0.727	0.786	5.7	0.6	0.774		0.752	
29	Wang et al. (2019)	0.406	0.882	0.765	0.612						
32	Zhao et al. (2022)										1.42
White Blood Cell (WBC) Count											
4	Bosch et al. (2018)	0.39	0.74	0.46	0.67			0.61	0.6		
5	Brinker et al. (2021)	0.1	0.91	0.2	0.81	1.07	0.99				1.1
19	Morgenstern et al. (2018)	0.80	1.00	1.00	0.84			0.90			
20	Onsea et al. (2022)	0.396	0.891							0.64	
25	Sigmund et al. (2020)	0.174	0.95	0.727	0.60	3.478	0.87	0.613		0.562	
29	Wang et al. (2019)	0.125	0.941	0.667	0.533						
32	Zhao et al. (2022)										1.2
Erythrocyte Sedimentation Rate											
4	Bosch et al. (2018)	0.62	0.64	0.45	0.76			0.8	0.58		
5	Brinker et al. (2021)	0.5	0.61	0.23	0.84	1.27	0.83				1.54
20	Onsea et al. (2022)	0.622	0.875							0.75	
29	Wang et al. (2019)	0.563	0.853	0.783	0.674						
32	Zhao et al. (2022)										1.11
Peri-Implant Culture											
1	Bellova et al.	0.841	0.732								

Table III. — Meta-Analysis Results of CRP, WBC, ESR with Weighted Means (95% CI).

Diagnostic Test	CRP	WBC	ESR
Sensitivity	0.5839 (0.4118 – 0.7560)	0.2318 (0.0683 – 0.3953)	0.5934 (0.5357 – 0.6512)
Specificity	0.7342 (0.5435 – 0.9249)	0.9271 (0.8908 – 0.9634)	0.8649 (0.8434 – 0.8864)
PPV	0.6841 (0.5263 – 0.8419)	0.6996 (0.6410 – 0.7582)	0.7830 (0.7609 – 0.8051)
NPV	0.6472 (0.5786 – 0.7158)	0.5669 (0.5012 – 0.6325)	0.6740 (0.6561 – 0.6919)

per study and the total number of patients involved in these investigations makes applying the findings to the larger population much more tedious. Overall, the results of our query demonstrated the poor biostatistical utility of consensus agreed upon tests in isolation and the poor diagnostic ability of most non-consensus tests with very limited data on both.

The biostatistical data on consensus agreed upon investigations is widely varied. This calls into question the ability of the selected test to help guide FRI-related diagnosis on their own. In analyzing C-reactive protein

(CRP) as a means of diagnosing FRI, biostatistical analysis revealed a wide range of reported outcomes. Onsea et. Al (2022) reported a sensitivity of .784, while another recent study by Brinker et. Al (2021) found the sensitivity to be .34. Specificity of CRP varied similarly to 0.923 on the upper end, as seen by Farooq in 2022, and .34, as noted by Bosch in 2018. Fewer studies reported on the PPV and NPV of CRP, but the inconsistency in data remains. This wide variance in biostatistical data of incredibly poor and low utility outcomes to the robust ability to rule in infection leads

Table VI. — Reported Statistics for Non-Consensus Definition Diagnostic Tools.

Paper Nr.	Author (Year)	Sensitivity	Specificity	Positive Predictive Value	Negative Predictive Value	Positive Likelihood Ratio	Negative Likelihood Ratio	Diagnostic Accuracy	Area Under ROC Curve	Area Under Curve	Odds Ratio
Percent Neutrophils											
25	Sigmund et. AI (2020)	13(5.82-6.2)	87.7(75.5-93.9)	42.9 (16.9-68.8)	56.5 (46.9-66.7)	.978 (.365-2.633)	1.003 (.458-1.119)	54.7 (45.2-64.2)		.499(.432-.564)	
Neutrophil to Lymphocyte Ratio											
25	Sigmund et. AI (2020)	28.3(17.3-42.7)	80(68-88.3)	52 (32.4-71.6)	59.3 (48.6-70)	1.413 (.713-2.801)	.541 (.458-.625)	57.5 (48.1-67)		.541 (.458-.625)	
Sonicate Fluid Culture											
1	Bellova et. AI (2021)	90.7%(p=.065)	73.2%(p=.003)								
WBC Scintigraphy											
3	Bosch et. AI (2021)	>0% increase: 30%; >10% increase: 18.2%; > 20% increase: 0%	>0% increase: 45%; >10% increase: 82.4%; > 20% increase: 88.9%					>0% increase: 40%; >10% increase: 66.3%; > 20% increase: 66.7%	0.37		
13	Govaert et. AI (2018)	0.79	0.97	0.91	0.93	26.3	0.22	0.92			126.7
20	Onsea et. AI (2022)	50 (29.1-70.9)	85(62.1-96.8)							0.68 (0.55-0.81)	
31	Zhang et. AI (2021)	.86(.53-.97)	.96(.92-.98)			21.4 (10.5-43.9)	.14 (.03-.063)	.97(.950.98)			149 (22-1023)
Interleukin-6											
11	Farooq et. AI (2022)	0.539	0.846								
32	Zhao et. AI (2022)										1.2 (1,1.44)
33	Zhao et. AI (2021)	0.575	0.836							0.718	
Platelet-Derived Growth Factor AB;BB											
11	Farooq et. AI (2022)	0.615	0.846							0.731	
Vascular Endothelial Growth Factor A											
11	Farooq et. AI (2022)	0.385	0.923							0.654	
Tumor Necrosis Factor- α											
33	Zhao et. AI (2022)										1.23 (.96,1.57)
32	Zhao et. AI (2021)	57.5	83.6								
Serum Amyloid A											
33	Zhao et. AI (2022)										1.16 (1.01, 1.32)
Uric Acid											
33	Zhao et. AI (2022)										1 (.99, 1.09)

Table VI. — Reported Statistics for Non-Consensus Definition Diagnostic Tools - part 2.

Paper Nr.	Author (Year)	Sensitivity	Specificity	Positive Predictive Value	Negative Predictive Value	Positive Likelihood Ratio	Negative Likelihood Ratio	Diagnostic Accuracy	Area Under ROC Curve	Area Under Curve	Odds Ratio
Vitamin D											
33	Zhao et. AI (2022)										.99 (.9, 1.09)
Glucose											
33	Zhao et. AI (2022)										1.28 (.51, 3.21)
Fluorodeoxyglucose (FDG)-Positron Emission Tomography (PET) or PET-CT											
17	Lemans et. AI (2019)	0.89	0.8	0.74	0.91	4.39	0.14	0.83		0.89	
31	Zhang et. AI (2021)	.91 (.85-.94)	.78(.69-.85)			4.2(2.8, 6.1)	.12 (.07,.2)			.93(.9-.95)	34(15-78)
F-FDG PET Only											
20	Onsea et. AI (2022)	65.2 (42.7-83.6)	100(63.1-100)							.83(.73-.93)	
31	Zhang et. AI (2021)	.93(.83-.97)	.79(.61-.9)			4.4(2.2-8.7)	.09 (.03-.024)			.95 (.92-.96)	47 (10-215)
F-FDG PET + CT											
31	Zhang et. AI (2021)	.89(.81-.94)	.78(.72-.84)			4.1(3.1-5.4)	.14(.08-.25)			.83 (.79-.86)	29(14-61)
Agranulocyte Scintigraphy											
31	Zhang et. AI (2021)	.78(.4-.97)	.89(.52-1)								
Bone Scintigraphy + WBC											
31	Zhang et. AI (2021)	.82 (.68-.9)	.83(.66-.93)								
Isothermal Microcalorimetry											
6	Cichos et. AI (2022)	87	100	100	74			0.9			
Perioperative Antibiotic Prophylaxis											
10	Declercq et. AI (2021)										3.61
D-Dimer											
29	Wang et. AI (2019)	75(56.25-87.87)	91.2 (75.19-97.69)	88.9 (69.7-97.09)	79.5 (63.06-90.13)						
Platelet Count to Mean Platelet Volume Ratio											
27	Strony et. AI (2020)	100(80.5-100)	55.6(38.1-72.1)	51.5	100	2.3	0			0.814	0.698
ESR + CRP + Platelet Volume Ratio Cluster											
27	Strony et. AI (2020)	64.7 (38.8-85.8)	97.2(85.5-99.9)	91.7	85.4	23.3	0.4	0.868		0.879	

to the conclusion that CRP should be used cautiously on its own to guide FRI diagnosis in the upper extremity. White Blood Cell Count (WBC) shows similar variance and low degree of diagnostic utility in our analysis. Multiple studies reported sensitivity data of less than 20% for WBC⁸⁻¹¹, with Morgenstern and

colleagues as an outlier of 80%. Most patients with confirmed FRI had elevated WBC, as evidenced by the reported specificity data, with all studies analyzed demonstrating 76% plus specificity for this value, with most reported specificities over 90%⁸⁻¹⁰. Even with these more promising values in specificity, NPV

and PPV still showed low utility for WBC as a solo tool for diagnostics.

Erythrocyte sedimentation rate (ESR) - the third and final consensus criteria evaluated, showed low sensitivity throughout the studies (.5-.727) and wide variation of specificity data (.61-.917). This variation and low utility translate to poor predictive outcomes for this test in isolation.

As an additional measure, we conducted a meta-analysis on these tests (Table III), confirming the overall poor utility of these tests in isolation. Of note, WBC did demonstrate a specificity of over 90%. Still, due to its poor predictive ability and low sensitivity, this data should not be taken in isolation and requires further investigation due to WBC-wide application inside the field of infectious disease.

There were 21 diagnostic tools analyzed by studies outside the purview of the 2018 consensus statement on FRI diagnosis. Most of these variables were researched in single publications, and few had multiple data sets to report on. This limited insight makes interpretation difficult and should be considered in the very early phases of the investigation. A few of these parameters show promise and warrant further investigation, most notably the ESR, CRP, and Platelet Volume Ratio Cluster reported by Stroney et al. in 2020. Before discussing the biostatistics of this test, it should be important to note that this cluster considers 2 of the three consensus criteria for circulating factors in the diagnostic algorithm. With a sensitivity of 64.7%, specificity of 97.2%, PPV of 91.7%, and NPV of 85.4%, this cluster may be useful in the workup of patients with suspected FRI. The benefit of a high PPV in the diagnostic workup should not be overlooked, though in only a single study, more work is needed to confirm these findings and help guide clinical decision-making. One other test work noting is WBC scintigraphy. Though only one study¹² analyzed PPV and NPV, 91% and 93% of findings in these variables make scintigraphy of WBCs an interesting proposition. The three studies analyzing this test¹²⁻¹⁴ all found specificities greater than 85% and as high as 97% in one¹², though sensitivity data was varied and poor.

The major limitation of this study was the lack of reported data on the 2018 consensus criteria definition of FRI diagnosis. Of the 19 confirmatory and suggestive diagnostic criteria reported in this definition, only three were investigated in the literature, while 21 other factors outside these suggested methods were utilized. More work needs to be done utilizing these criteria to better assess the ability of these tests and

methods to identify FRI in the upper extremity and note the ability of these criteria to guide patient-care decisions. Most studies included in our investigation reported biostatistical data on individual markers. Future insights should be sought to utilize these criteria in conjunction with each other to see if the consensus criteria as a whole can be more effective in diagnosis than its individual components. In addition to the low total study number, reported data on factors outside the consensus criteria is severely lacking. If our field is to consider some of these other variables to guide treatment courses, these investigations must be scrutinized to a higher degree in future works. Our search was limited to papers published in English. Though a select few were excluded due to these criteria, it should be noted that information from other countries may prove useful in fully understanding the impact of the 2018 consensus statement. Overall, more institutions should shift to consensus diagnostic tests to gain a deeper understanding of the efficacy of the developed recommendations and their impact on upper extremity fracture-related infections.

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